



Figure 9 48-year-old patient with a large paramedian extruded herniation at L5-S1 associated with Meyerding's I degree listhesis of L5 over S1, successfully treated by oxygen-ozone therapy with complete dehydration of the herniated disc. Follow-up MR scans with gadolinium three months after treatment showed enhancement of the nucleus pulposus as if from mechanically induced aseptic discitis, hence secondary to the listhesis.